

**St Andrew's Church of England Primary School**  
**Crescent Avenue**  
**Over Hulton**  
**Bolton**  
**BL5 1EN**



**Head Teacher: Mr Simon Charnock**

May 2021

Dear Parent/Carer,

**Department for Education (DfE) statutory requirements for Relationships and Health Education (RHE)**

From September 2020, and no later than the Summer Term 2021, schools will have to teach Relationships and Health Education.

You can read about these changes in this DfE guide for parents here: <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools> The DfE also strongly encourages primary schools to deliver sex education to help prepare children for their transition to secondary school.

Most schools are already delivering very effective Relationships and Sex Education (RSE) and the new guidance is simply about ensuring that **all** children get the information they need and want. The lessons will help children to learn about their bodies including the changes that take place at puberty, and will help keep them safe, so they can form healthy relationships (friendships) with others, now and in the future.

At St Andrew's we want to help children build their resilience, wellbeing and strong, healthy relationships. We use the Heart Smart scheme of work to support our PSHE lessons across all year groups. With the help of a friendly character, Boris the Robot, the children revisit topics each year. Heart Smart encourages children to use Christian Values as well as their hearts and their minds to make thoughtful decisions that are good for themselves and others

More information about Heart Smart can be found on their website at [www.heartsmart.family](http://www.heartsmart.family) or at [Heart Smart Parent hello - YouTube](#)

We supplement Heart Smart with another leading children's health and wellbeing charity, Coram Life Education (CLE) to support us in meeting legal requirements. We do this in a two ways:

- A visit from a trained educator who will deliver aspects of the Relationships Education and Health Education programme
- Using Coram Life Education's online SCARF teaching resources.

More information about Coram Life Education and SCARF can be found on their website: [www.coramlifeeducation.org.uk](http://www.coramlifeeducation.org.uk)



We are in the final stages of reviewing the Relationships and Sex Education policy and curriculum so that we can be sure that our provision is age appropriate and relevant for our pupils. Our provision takes into account our children' ages, their religious and cultural backgrounds and special educational needs that they might have.

Please see the RSE tab on the front page of our school website for a draft Relationships and Health Education Policy and other supporting information documents. We would like to hear your views on these documents and answer any queries that you might have. We have emailed a questionnaire that can be returned to the school office directly via email or as a hard copy sent to school via your child.

Parents and carers have the right to withdraw their child from some lessons on Sex Education but cannot withdraw children from relationships education or any content that is covered in the science curriculum.

As we are still unable to have parents in school, it makes having a consultation more difficult. To help you understand the curriculum, please follow the links to Heart Smart and Coram Life Education earlier in this letter. We have also put some useful documents on the website and this includes:

- What children are expected to know before leaving Year 6
- A proposed draft policy for Relationships and Health Education
- DfE guidance on Relationships Education, Relationships and Sex Education and Health Education
- The consultation questionnaire for parents (also at the end of this letter)

The consultation will close on Friday 25<sup>th</sup> June.

Your views are very important to us and we will respond to you on the outcome of the process after the consultation has closed. Once we have considered all the feedback, the Relationships and Sex Education and Health Education will be uploaded on to the school website.

Thank you for your support with this consultation process,

Yours sincerely

Simon Charnock  
Head Teacher



## Relationships Education, Relationships and Sex Education and Health Education

### Consultation questions for parents

1. Are there any changes or additions that you think we should make to the draft RHE and RSE policy?
2. Are there any changes or additions that you think we should make to the draft RHE and RSE curriculum outline?
3. Has your child ever asked you questions about growing up, sex and relationships?
4. Do you want more support to help you talk to your child about sex and relationships?
5. Would you like more information about what school teaches on sex and relationships education other than that outlined in the draft policy or as a result of following the links to Heart Smart and Coram Life Education?

